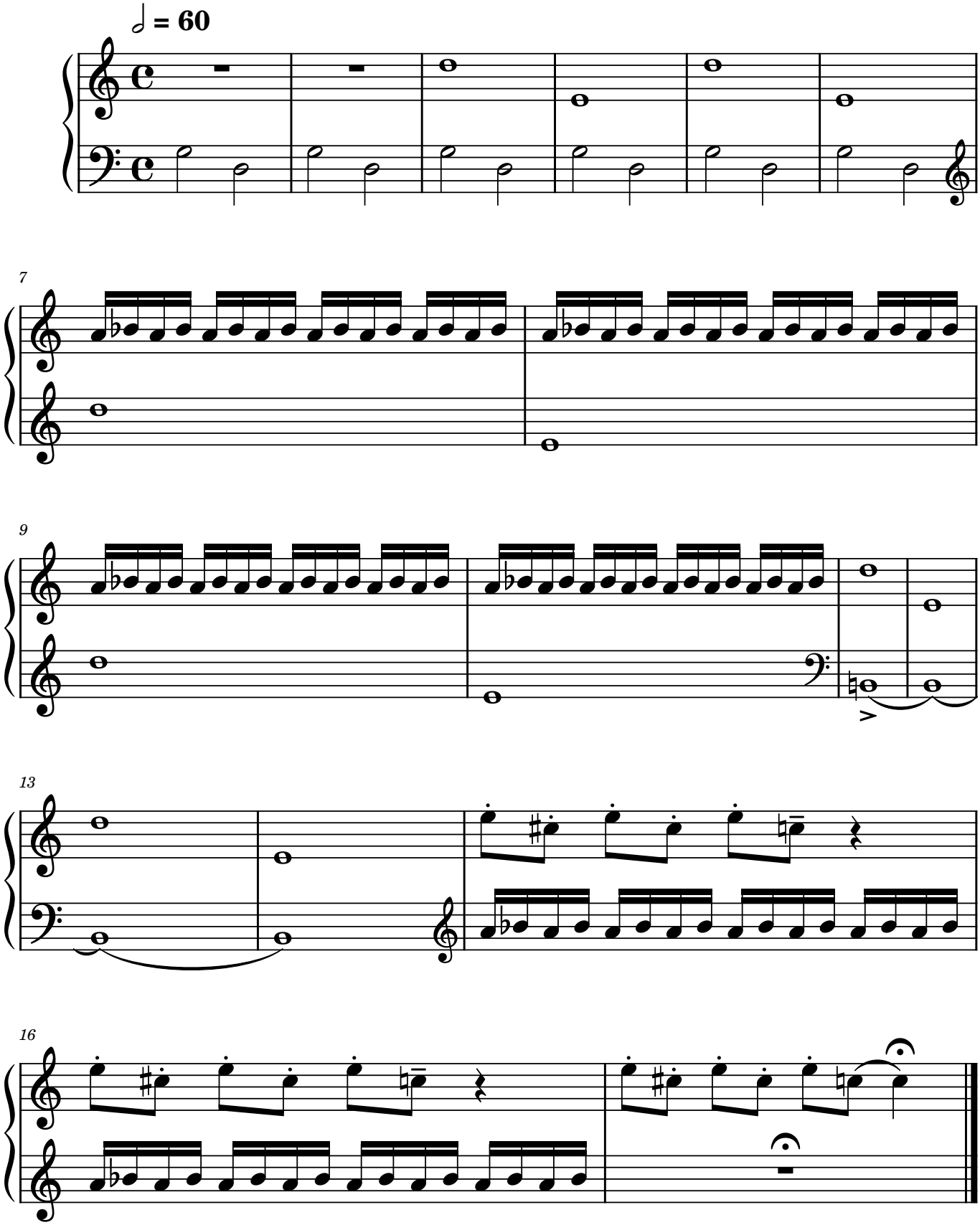Hodiny